



Our Philosophy

The mission and spirit of White Rock Senior Living Community is to provide the opportunity for residents to maintain independence, and to promote wellness and enthusiasm for life. By combining the services of various community organizations along with affordably priced independent living apartments specifically designed for seniors, White Rock is a place that accommodates the realities of aging but promotes the joy of life. A continuum of optional health care and lifestyle services will help residents maintain independence.



NATIONAL AWARD WINNING DEVELOPER

Information contained herein is subject to change.

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Independent Senior Living

Bow
New Hampshire

About Us

Since opening in 2002, White Rock has served the needs of seniors in a home-like setting. Located in the center of Bow on a beautiful 20 acre site, White Rock is designed as a traditional New England residential village. White Rock is one of six senior living communities owned and operated by the national award winning developer Green Mountain Development Group of South Burlington, Vermont.





Lifestyle Choices

“White Rock is a nice community to live in, and I have made lots of new friends.”

Ed Wilson

For those who call White Rock home, their private accommodations are graced with life’s treasures and mementos; a favorite chair, a well-loved desk, pictures of the family. At White Rock, you are encouraged to bring the past right along with you. To complement your belongings, each apartment has spacious living areas with large operable windows and is designed to meet the needs of seniors. Lovely gathering areas and grounds give residents many places to entertain, pursue hobbies, attend classes or simply relax.



Independent Living

From the walkways to the apartments, White Rock is designed for comfort and continued ease of living. Your home at White Rock is planned to enhance your independence and support your lifestyle choices.

- Concord Regional Visiting Nurse Association maintains a staffed office at White Rock and provides a wide range of skilled and supportive care.
- Wellness classes are available for fun and health.
- Optional meals are served in the beautiful dining room.
- Social and cultural events are organized by residents.
- Beauty salon and barbershop.
- Walking paths and gardens surround the property.

“We have a great chef, and the holiday meals are extra special.”

Marie Bond



Accommodations

“White Rock opened up a new life for me with wonderful friends, great social and physical activities and most importantly a feeling of home..”

Colleen Schmitt

White Rock features one and two bedroom homestyle apartments.

Each residence includes:

- Large living / dining area
- Spacious bathroom
- Fully applianced kitchen
- Large closets with storage
- Individually controlled heat
- Architectural details



Location

Located in the center of Bow, White Rock is situated on a beautiful 20 acre site with elevated views overlooking the rolling mountains. With close proximity to downtown Concord, Interstate 89 & 93, and the Concord Hospital, White Rock provides easy access to many social and cultural events, while maintaining the privacy and security of country living.

“I love being 3 miles from a performing arts theater.”

Claire Laferrier

